

DANDELION ROOT

A Cure for Cancer?

An inspired message to use dandelion root, an ancient herbal remedy for a range of ills, led to a successful cure for prostate cancer when nothing else could help.

by George Cairns © 2006

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This article was sent to me by email. When I receive such emails, I may or may not put them on my website. The reason I include this email is because I have known for some time that Dandelion Root is a potential treatment for cancer. I just didn't have any details on how to make it or use it.

Dandelion root is frequently used by herbalists to treat liver, kidney and gallbladder problems. It has been used in China for certain kinds of cancers for centuries. It is incredibly high in potassium and vitamin A, among other things.

I personally spoke on the phone with the fine gentleman who made this treatment public, and he noted to me that the treatment was great for the liver. He has also sent me by snail mail a more up-to-date way to make the powder. I have put these new instructions below the original article.

When dealing with herbs and plants, it is usually best to use fresh herbs and plants and make the product yourself, as this article explains. When you buy a herb or plant from a health food store, it may not be as effective as making the fresh product yourself, especially if it has been dehydrated or stored for long periods of time before it got to the store. However, to be realistic, it can take many weeks to grow a plant and make the product yourself. Cancer can spread during this delay! I was happy to be told of a vendor who hopefully sells high-quality dandelion root products: <http://www.catefarm.com/>.

— R. Webster Kehr, webmaster, Cancer Tutor website,
<http://www.cancertutor.com/Cancer02/DandelionRoot.html>

THE POWER OF THE DANDELION ROOT

Every week around 10,000 people die of cancer. US government figures show the death rate for cancer deaths has not changed in the last 10 years. Chemotherapy and radiation therapy only save around 10% of the people treated. So this shows our doctors don't have much to work with. As this article goes on, I will explain how to prepare this plant and how much to take. There is nothing to buy. For some reason, the Lord has picked me to carry these words to you. I am only the delivery boy, and none of this is my idea. I do believe every word I write here, and I'm living proof it works. The cost of printing is my thanks to God for giving me back my life and health.

A little over three years ago I was about done in with cancer. One morning as I was waking up and hoping the end would come soon, a voice came to me and said: "You have to do something about your prostate cancer. Take the root of the dandelion. Don't expect a miracle. It took you a long time to get in this condition." The voice was gone. I thought the voice was kidding to use the dandelion. When this voice tells you to do something, you do it. You must do it, like writing this article. It is the last thing I ever expected to do. Then I thought he didn't tell me how much to take or how to prepare it. As soon as you could blink an eye, I knew how much to take, how to prepare it, and that it would take four to six months to cure me. I also knew I wasn't to make a penny on it.

As soon as I got around that morning, I dug some roots and started to prepare them. About a week later I started taking the preparation. Three weeks later, the pain in my back and side was gone and my bowels had improved. Five and one half months later, they could find no cancer problem in me at all.

I then wanted to find someone else to try it, and that was the biggest problem yet. Nobody seemed to want to help. When I told doctors, they just smiled as if I was nuts. Finally, I was telling a friend about it and he said he had a friend who was dying of lung cancer. He had it in both lungs and was bedridden. They were tapping his lungs.

He had been given four to six weeks to live. After he had been on this powder about six weeks, he was up and around doing his chores and driving his car. He went to his doctor's office, and the doctors could not believe it. They took him to the hospital and gave him a CAT scan. They found no cancer lesions in his lungs, and said it was a miracle.

I then put an ad in the *Northwest Herald* offering [the recipe] free, and four people said they would try it. Slowly, one person told another and it spread.

There was a fair amount of people taking it for different kinds of cancer and several for other things. For instance, a man lost the use of his immune system and was told he wouldn't be able to work again for three years; after six months, he was now working and feeling better.

I know this is not a cure-all. It won't help everyone or all kinds of cancer. I know it is not a cure for skin cancer and it hasn't had luck with brain tumours.

There is a doctor in Boston, Massachusetts, who has developed a vaccine that is doing great things. This has been successful with prostate, colon, breast, liver and, best of all, with lung cancer. Five people have taken it for lung cancer and all five have been cured once.

The immune system controls the cancer cells in your body. As long as the immune system is healthy, you don't usually have a cancer problem. When your immune system gets run down, it loses control of the cancer cells, and they start eating live cells and this is what they call cancer.

This powder made from dandelion root has something in it that builds up the blood and the immune system.

When the immune system is built up so far, it gets back control of cancer cells and they do an about-face and start cleaning up the mess they've made.

This is why you must have a fair appetite because your body must build itself up and be healthy if your immune system is going to be strong. This will not work for people who have lost their

appetite or are on chemo. Doctors try to blast the cancer out of your body with chemo or radiation. This destroys your immune system and appetite.

These are the most important things your body needs to beat cancer. Operations also knock the immune system haywire. This is why so many people who have operations for cancer find that a short time later it has spread somewhere else.

Many of the worst diseases that have plagued the world have been cured quite easily. When I was a boy, women dreaded the goitre more than cancer.

A little iodine in the diet cured that. For hundreds of years, the most dreaded diseases were leprosy and lockjaw. A doctor found he could produce penicillin from mouldy bread and could cure them and many more things. How long has mouldy bread been around?

I'm sure scientists will find many uses for the powder made from the root of the dandelions besides cancer. I have already found it builds up the blood so you heal much faster.

How to process the dandelion root

To make the powder from the dandelion root, you must follow my directions to the letter. Any changes and it won't work.

Dig a handful of dandelion roots any time of the year; it doesn't matter. Cut the leaves off just below the crown. *Do not wash.* Then they must be dried at around 100 degrees [Fahrenheit; ~37.78° Celsius]. I do it in an incubator with no water. You can also dry them under a heat light bulb if you raise or lower it so it's 100 degrees. You can also use the sun or put them in the attic if it's not too hot. It takes about five or six days in the incubator. I have not done this all the way under the heat light. When you break a root and it snaps, it is ready to powder.

Take an old iron frying pan and a clean hammer. Take one root at a time and place in the frying pan and start tapping. Don't hit hard or it will fly all over the place. I put my hand around the root to keep most of it in the pan. If it sticks to the hammer and pan and doesn't crumble in your fingers, it isn't dry enough. Keep it up until you have enough to start. It takes about 20 minutes to a half-hour [?] to prepare enough for a week. When you get used to it, you can go much faster.

I have an old vessel that druggists used to pound pills; this goes much faster. *Don't use an electric grinder;* it won't work if you do. You lose too much of the good part in dust. You must do it as I have said or don't do it at all. I've tried shortcuts, but it seems someone was looking over my shoulder, and I know when I made a mistake. I'm just an old farmer and not a scientist, so I wouldn't know the correct amount to take on my own.

Now, take a little over one half-teaspoon once a day at any time and mix it with water, orange juice, etc. Do not use in soft drinks, liquor or anything hot. When mixed, use it all. Don't let it stand around. Keep the powder in a dry place. After taking it for three or four days, you will feel good, but nothing else. That is because your blood is building up. When your blood is happy, you're happy. In most cases, this will build your immune system in from three days to three weeks to the point that it takes

back control of cancer cells and thus the cancer stops spreading. In most cases, it is going to help. There is no body feeling as it works. You just feel a little better each week. After three weeks, most of the pain will be gone in your back and you know it's working if you had pain there like I did. If you have bone cancer in the spine, it will take three months to work.

This is not an overnight cure. It took a while to get in this condition and it will take a while for your body to heal. The sooner you start, the quicker you will be over cancer. Young people heal faster than old people, but it will help at any age. I know because I'm eighty and have been taking this for over three years. No cancer has come back and no side effects, except when my body has had enough it lets me know by getting heartburn. Then I back off some. Some people get stomach aches when they need less. It also means your cancer is under control and you don't need as much. You will also find you probably won't catch a cold while you are taking it full strength.

The biggest enemy for this root is chemo. The stronger the

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chemo, the less chance the powder has to help you as chemo tears your immune system and appetite down—two of the most important things you need to cure cancer. There is only a 10 per cent chance chemo will cure you. With no chemo, your chances are 75 to 80 per cent but you must take the powder every day. Don't let your doctor give you that old threat if you turn him down that goes, "If you want to throw your life away, I can't stop you". Just remember that 90 per cent of the people who take his advice and take chemo are in the cemetery. Don't blame the doctor—he is doing his best with what he has to work with—or you could ask for a written guarantee.

I have only mentioned cancers that I know people have had and who have used this root. It should help pancreas cancer if taken before the appetite is gone, and most body cancer. This is food, not a drug. It shouldn't interfere with medicine your doctor may be giving you. Only two doctors have told patients to keep taking the powder when they have made a miracle recovery. The rest of the doctors have run the powder down and blasted the people even if the cancer has disappeared. The medical world is not going to accept this easily.

Going back to not washing the roots and leaving a little soil on them, it is for your own good. A good bit of immunity comes from the soil; it starts as soon as you are born. Your fingers touch something, and you put them in your mouth. A little dirt at first, and more as you grow older and start crawling. Then everything you touch goes in the mouth. When children go outside to play and when they come in, they are the dirtiest around the mouth and hands. The hands go in their mouths no matter how dirty they are.

Many diseases and bacteria live in the ground, but they don't seem to cause any trouble, but this practice does build up the immune system. Some animals can't live if they can't eat a certain amount of soil.

If you read this article over, you will see it all goes back to common sense. I wish all of you people with cancer and other problems the best.

— George Cairns, Woodstock, Illinois, USA

NEW INSTRUCTIONS FROM GEORGE CAIRNS

After the original article was published, I talked to George Cairns on the phone and he told me he had newer and better instructions. He sent them to me and they are below. However, cancer patients cannot wait months to pick the dandelions at just the right time and wait more months to freeze, plant and harvest a new crop of dandelions. In this new article, concentrate on the harvesting and processing of the dandelions, and hope they are in season when you need them.

— R. Webster Kehr, webmaster, CancerTutor.com

To make dandelion root powder, let's start at the beginning. This would be collecting the seed. The seed is at the base of the white fluffy crown that appears when the yellow flower matures. Blow on them and they fly away. These little seeds do not grow until the next spring. I collect the seeds in May and June, then I put them in the freezer. This way you fool Mother Nature as the seeds must freeze before they grow. This way you can grow the seed the same year you collect them. Work up the land where you are going to plant them and spread the seeds on top of the

ground and rake them into the soil very lightly and water them. I usually plant the seeds in August.

I dig up the seedlings the next April. I try to do all my transplanting in April, as by the end of April the plants start blooming which takes the energy away from making roots. It's a good thing to pick the buds off for the first couple of months. When I dig the seedlings up in April, I plant them about six inches apart in rows 18 to 20 inches apart. I hoe them when needed and keep the weeds and grass out of them. After about two months you won't be able to hoe, as they will cover the ground. Then I pull the weeds and grass out of the bed. Water when needed.

I usually start digging them up in October. By this time, some of the roots will be one inch in diameter. I shake off most of the dirt (but not all) and slice lengthwise, the bigger roots to about 1/4 inch so they will dry evenly.

To dry them, I use a forced-air incubator without any water in it. I set the incubator at 100 degrees [Fahrenheit; ~37.78° Celsius] or a little less. It takes about five days until they are ready to grind. You can use a dehydrator set around 100 degrees [Fahrenheit]. If

it doesn't have settings, don't use it. You can also dry in the sunlight if you put them in something the wind can blow through, like a small potato or onion sack. Hang them in the sunlight, but take them down in late afternoon and put in a plastic sack and tie it.

If you don't, they will pick up moisture and you will be back where you started. Then put them out the next day when the Sun is up. Once you have heat in the house, it's no trouble as they will dry okay most anywhere there is heat, like near a register or stove. The excess dirt will pop off as they dry.

Mother Nature knows how much to leave. If the roots are very clean, add a little dirt as this powder won't work without the dirt.

When you make the powder, try not to lose anything. Pound the roots flat, then put in an electric coffee grinder for 25 seconds and you have powder. You can also keep pounding and crumbling until you have it the right fineness. What I did for a long time was use a cast iron pestle and mortar that a friend gave me. With this you can get the powder down as fine as you wish.

To store, put in an airtight jar and fill as near to the top as possible. I've kept it 10 months this way. Also, keep in a dry place.

— George Cairns, Woodstock, Illinois, USA

Editor's Note :

Author George Cairns can be contacted by mail at 708 Hughes Road, Woodstock, Illinois 80096, USA. He advises that the dandelion root powder that you can buy at health food stores is not made the same way as he suggests and is not known to help cancer.

We tried to contact Mr Cairns before we went to press, but his telephone number has been disconnected. Consequently we were not able to clarify some queries arising from his original and follow-up articles. For example, in the first article Mr Cairns advises not to use an electric grinder, but in the update he suggests using an electric coffee grinder to make the powder.

The introductions are from R. Webster Kehr, webmaster of the Cancer Tutor website, <http://www.cancertutor.com>. We tried to make contact prior to publication, but received no response.

These contributions have been slightly edited for publication in NEXUS.